



How to Reduce, Reuse and Recycle

Reduce means choosing to use things with care to help reduce the amount of waste you generate. Being environmentally conscious eventually leads to the next step - being proactive in life.

When buying products at the store, it helps to think about what kind of effect the product is having on the environment. Sometimes, we purchase items that we don't really need. Other times, we purchase items that have more packaging than is necessary. When we make decisions with these issues in mind, we are using our power as consumers to be proactive in helping the environment.

Reuse involves the repeated use of items or parts of items.

Before throwing it out, ask yourself:
"Can it be reused?"

Recycling is actually the last resort before it ends up in our landfills.

Clean, dry, mixed papers are accepted, and some types of plastics and tin containers. Check out the town's website for a full list:

www.pettyharbourmaddoxcove.ca/recycling



Examples for reducing your waste:

- Buy local products
(less transportation energy to get here).
- Avoid products with unnecessary packaging. When possible buy products with natural packaging.
- Avoid Styrofoam, plastic cups, plates and cutlery. These are not recyclable, AND they end up in our landfill or worse yet in our environment & oceans as microplastics.

Composting is another great way to reduce the volume of kitchen waste by turning it into soil. Remember, no animal by-products (e.g. bones, meat, dog poop etc.) in your compost bin.

Examples of reusing items:

- Repurposing old clothing or textiles for rags.
- donate used furniture to nonprofit organizations.
- donate slightly used clothing.

Recycling includes containers with no value (e.g. milk cartons, ketchup bottles) and containers with value that you paid a deposit on at the store (e.g. pop cans, plastic bottles, beer cans, plastic liquor bottles and tetra juice packs).

NO GLASS is permitted at curbside because it breaks easily and poses an occupational hazard to community workers. Glass alcohol containers can be refunded at your nearest Green Depot.



